

TONIC ASKED:

It's almost bathing suit season... What are you doing to prepare?

“Getting fat, and buying new bathing suits.”
-Rachael G. (pregnant)

“Moving to Alaska.”
- Christina O.

“Ordering burqas in every colour!”
- Anonymous.

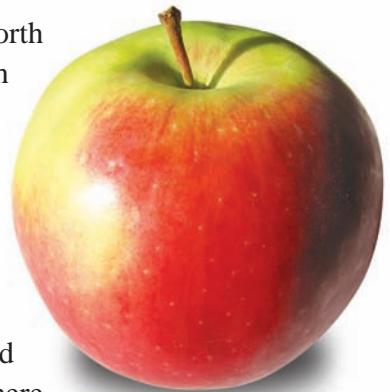
“Getting laser eye surgery so I can see properly.”
- Mat R.

“My usual spring routine...
Dusting off my WeightWatchers Points
Calculator and hoping that, just in time for summer, perhaps this year I'll be able to achieve 'results not typical'.”
- Andrew T.



APPLETREE MARKET

On April 23rd, 2009, North Toronto celebrates Earth Week with a gift that keeps on giving: a brand-new community market offering local produce, prepared foods, workshops, children's activities and more... year-round. There will be over 20 different vendors from the GTA and its surroundings, including St. John's Bakery, Scotch Mountain Meats and Cheese of Canada. “Green” vendors will sell an array of eco-friendly crafts and jewelry. There will also be a CSA - Community Share in Agriculture - depot at this market. What was a small but thriving market on the lawn of Eglinton St. George's United Church on Wednesday nights will be re-launched as the **AppleTree Market**, in the green space of the North Toronto Memorial Community Centre at 200 Eglinton Avenue West, every Thursday from 3-7pm.



TONIC LOVES THE WORLD WIDE WEB

Check out our favourite websites each month.

www.mediclim.com

Do you suffer from migraines, arthritis, diabetes asthma or heart disease? Check out the newly launched **Mediclim Index**, a weather/health index that predicts, a day in advance, when an approaching weather pattern is most likely to exacerbate any of the above-mentioned diseases. Subscribers to the website will receive an alerting e-mail 24 hours before the weather might aggravate one of their health problems.

